



PSHE Curriculum Overview

Overview of Subject EYFS – Y6					
Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being my Best	Growing and Changing
EYFS					
<ul style="list-style-type: none"> All about me What makes me special Me and my special people Who can help me? My Feelings 	<ul style="list-style-type: none"> I'm special, you're special Same and different Same and different families Same and different homes Kind and caring 	<ul style="list-style-type: none"> What's safe to go into my body What's safe to go into my body (including medicine) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe 	<ul style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money 	<ul style="list-style-type: none"> Bouncing back after things go wrong Yes, I can! Healthy eating Move your body A good night's sleep 	<ul style="list-style-type: none"> Seasons Life stages Where do baby's come from? Getting bigger Me and my body – girls and boys
Cycle 1					
Key Stage 1					
<ul style="list-style-type: none"> Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening? 	<ul style="list-style-type: none"> Same or different Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair! 	<ul style="list-style-type: none"> Healthy me Super sleep Who can help me? Harold loses Geoffrey What could Harold do? Good or bad touches Sharing pictures 	<ul style="list-style-type: none"> Harold's wash and brush up Around and about school Taking care of something Harold's money How should we look after our money? Basic first aid 	<ul style="list-style-type: none"> I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise Harold has a bad day 	<ul style="list-style-type: none"> Inside my wonderful body Taking care of a baby Then and now Who can help? Surprises and secrets Keeping privates private#
Lower Key Stage 2					
<ul style="list-style-type: none"> As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special 	<ul style="list-style-type: none"> Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb 	<ul style="list-style-type: none"> Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes; the facts Super Searcher None of your business! Raisin challenge Help or harm? 	<ul style="list-style-type: none"> Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money 	<ul style="list-style-type: none"> Derek cooks dinner Poorly Harold For or against? I am fantastic! Getting on with your nerves Body team work Top talents 	<ul style="list-style-type: none"> Relationship tree Body space Secret or surprise? My changing body Basic first aid
Upper Key Stage 2					
<ul style="list-style-type: none"> Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive 	<ul style="list-style-type: none"> Qualities of friendship Kind conversations Happy being me The land of red people Is it true? 	<ul style="list-style-type: none"> Thinking about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision dilemmas 	<ul style="list-style-type: none"> What's the story? Fact or opinion Rights, responsibilities & duties Mo makes a difference Spending wisely 	<ul style="list-style-type: none"> Getting fit It all adds up! Different skills My school community 	<ul style="list-style-type: none"> How are they feeling? Taking notice of our feelings Dear Hetty Changing bodies and feelings

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<ul style="list-style-type: none"> Our emotional needs Communication 	<ul style="list-style-type: none"> It could happen to anyone 	<ul style="list-style-type: none"> Play, like, share Drugs: true or false? Smoking: what is normal? Would you risk it? 	<ul style="list-style-type: none"> Lend us a fiver! Local councils 	<ul style="list-style-type: none"> Independence and responsibility Star qualities? Basic first aid 	<ul style="list-style-type: none"> Growing up and changing bodies It could happen to anyone Help! I'm a teenager- get me out of here. Dear Ash Stop, start, stereotypes
Cycle 2					
Key Stage 1					
<ul style="list-style-type: none"> Our ideal classroom How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy 	<ul style="list-style-type: none"> What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem 	<ul style="list-style-type: none"> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept 	<ul style="list-style-type: none"> Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping Playing games 	<ul style="list-style-type: none"> You can do it! My day Harold's postcard- helping us to keep clean and healthy Harold's bathroom My body needs What does my body do? 	<ul style="list-style-type: none"> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Basic first aid
Lower Key Stage 2					
<ul style="list-style-type: none"> An email from Harold Ok or not ok? Human machines Different feelings When feelings change Under pressure 	<ul style="list-style-type: none"> Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with This is such a stereotype! 	<ul style="list-style-type: none"> Danger, risk or hazard? Picture wise How dare you? Medicines: check the label Know the norms Keeping ourselves safe Raisin challenge (2) 	<ul style="list-style-type: none"> Who helps us stay healthy and safe It's your right How do we make a difference? In the news Safety in numbers Logo quiz Harold's expenses Why pay taxes? 	<ul style="list-style-type: none"> What makes me, ME! Making choices SCARF Hotel Harold's Seven Rs My school community Basic first aid 	<ul style="list-style-type: none"> Moving house My feelings are all over the place! All change! Period positive Secret or surprise? Together
Upper Key Stage 2					
<ul style="list-style-type: none"> Working together Let's negotiate Solve the friendship problem Assertiveness skills Behave yourself Dan's day Don't force me Acting appropriately It's a puzzle 	<ul style="list-style-type: none"> OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? – challenging gender stereotypes Tolerance and respect Discrimination & injustice A diverse society 	<ul style="list-style-type: none"> Thinking before you click! Traffic lights To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story 	<ul style="list-style-type: none"> Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch Happy shoppers Democracy in Britain- Elections Democracy in Britain- How (most) laws are made 	<ul style="list-style-type: none"> Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? Basic first aid 	<ul style="list-style-type: none"> Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash Making Babies What is HIV

